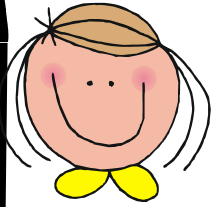


Ashley



"We wanted to share with you the positive impact that music therapy has had on our daughter. Simple things like eating, sitting in different chairs, and walking in various environments had always been a struggle. Ashley started Therapeutic Listening early in the school year. Immediately we noticed a sense of calm and increased flexibility in her behavior that we had not been able to achieve through conventional therapy. After six months of existing on Pediasure and small amounts of food, Ashley began eating again. She's now eating full meals and we find that we can comfortably take her to a restaurant, store, or the doctor's office without triggering her defensive barriers.

We are also thrilled with her increased mobility and willingness to participate in spinning and swinging exercises.

Therapeutic Listening has increased Ashley's sense of self and awareness of her surroundings. To see her exploring her environment and laughing as she swings through the air is a dream come true! We believe that Therapeutic Listening is powerful. It has truly improved her quality of life."

www.vitallinks.net

Melanie Massey Physical Therapy, Inc

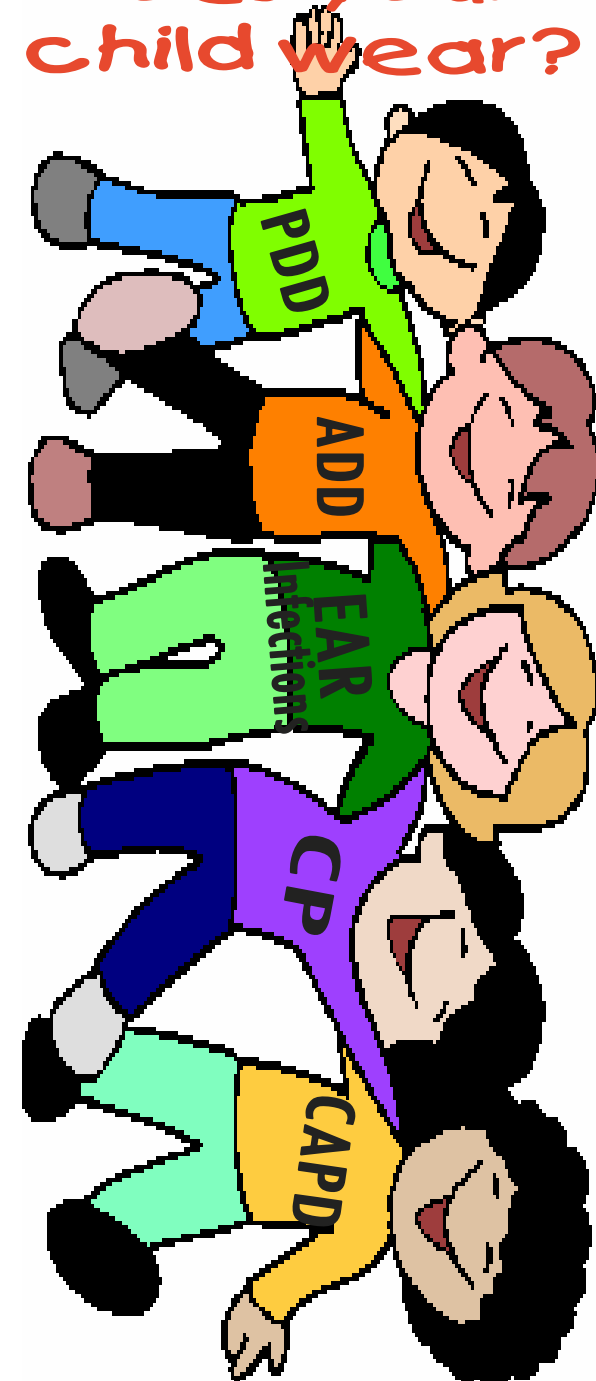


Melanie Massey Physical Therapy, Inc.

PO Box 1377
West Monroe, LA 71294
318-396-1969

Design and Information Compiled by: MMPT
Information taken from: Guidelines for Therapeutic Listening
& Vital Links Journal, Spring 2003

What label
does your
child wear?



Therapeutic Listening

**Therapeutic Listening
with the whole body
can help children with the
following:**

ADD/ADHD

Cerebral Palsy

Autism Spectrum Disorder (ASD)

**Pervasive Developmental Disorder
(PDD)**

Middle Ear Infections

Poor Social Skills

Short Attention Span

Irregular Sleep Patterns

Sound, touch and oral sensitivities

Difficulties following directions

Uncontrolled Behavioral Outburst

Bed Wetting

Picky Eater or Poor Appetite

Limited Speech Output

Filtering

**Poor test taker after studying &
knowing material**

**Not a good listener, frequently ask
“huh”**

**Clumsy—uncoordinated
Speech Delays**

What is Therapeutic Listening?

- A whole body approach which combines auditory listening and body movement.
- An auditory program that utilizes electronically altered music in conjunction with movement and daily skills.
- Each child listens to specifically selected CD's through headphones for 30 minutes, 2 x a day for 8-12 weeks.
- Research has indicated children using Therapeutic Listening Program have achieved therapy goals more rapidly than children who are not receiving Therapeutic Listening.

How do I get started?

- Contact a Certified provider located at Melanie Massey Physical Therapy, Inc.
- Attend a brief and informative discussion about the program.
- Complete a referral questionnaire.
- Commit to a listening home program lasting approximately 8-12 weeks.
- Monitor changes.

Expected Outcomes

Modulation

- Improvement in sleep/wake cycles.
- Reduction of sensory defensive behaviors.
- Toilet training.
- Cessation of bed wetting.
- Increased regularity of hunger and thirst cycles.
- Improved focus and attention.
- Improvement in transitions.

Postural Tone, Attention & Adaptation

- Establishment of body midline.
- Ability to sustain active posture on stable and dynamic surfaces.
- Improved concentration around shoulders and hips.
- Active use of rotation in movement patterns.

Motor Control

- Use of bilateral motor patterns.
- Improved articulation & fine motor skills.

Spatial-Temporal Organization

- Improved timing of motor execution.
- Improved timing of social interactions.
- Improved ability to maneuver through space.
- Improved handwriting and visual motor skills.

Communication

- Greater range of nonverbal communication.
- Nonverbal communication matches communicative intent.
- Greater emotional expressiveness.
- Improvement in pragmatic language use.